

PRINCETON UNIVERSITY: Woodrow Wilson School of Public and International Affairs

**WWS594m Pol. Analysis: Caring for An Aging Population: Public Policy Issues
Spring 2005**

Prof. James Knickman, email: jknickm@rwjf.org

**Mondays, 4:00 to 7:00PM
Robertson Hall Room 014**

A. COURSE DESCRIPTION

The rapid increase in the number of elderly Americans over the next 30 years will put pressure on the service delivery system. Public policy can shape the way the service delivery system operates and the way services are financed and organized. This course will review the policy options and policy questions likely to arise as the future of the service system is debated: who should pay for long-term care services for the frail? How can service systems better manage the medical and long-term care needs of the elderly? How can public policy shape the future of community-based services, nursing homes and other residential care models such as assisted living? How will the demand for services affect the economy and the workforce?

B. ORGANIZATION OF THE COURSE

Since the course includes just six three hour sessions, I hope to structure our time together as efficiently as possible. I plan to break each session into discrete segments ranging from two to four segments each week. This will allow us to consider more topics during the short course. A segment may involve: a lecture/discussion on a specific topic built around readings, a class discussion of a specific question or policy issue (prepared in advance), a structured debate on a topic, a presentation by an outside expert, a presentation by a student.

The aim of the course is to familiarize students with the significant public policy issues related to caring for an aging society. I hope the course helps students appreciate the range of dimensions of this social challenge: technical issues, management issues, financing and economic issues, ethical issues, political and ideological issues. The course will be successful if it gives students the analytical skills to continue to explore and analyze methods for improving public policy related to aging issues in America.

The course will focus mostly on the “caring” issues related to aging and will not address some of the other challenges associated with aging such as the future of social security or the impacts of aging on workforce policy.

C. COURSE REQUIREMENTS

- 1) Read the assigned papers before each class.
- 2) Participate in a debate (working with 2 or 3 students as a team).
- 3) Prepare answers or thoughts about weekly discussion questions:
 - a) for 2 of 3 weeks, you need to be prepared to discuss the question
 - b) for 1 week, you will lead the discussion and write a short paper outlining your thoughts (3 to 5 pages).
- 4) Prepare an issue brief on one of the topics discussed in class (3 pages maximum).
- 5) Write a take home exam involving paragraph-length answers to questions related to the readings and class discussions.

D. READINGS

There is no text book for the course. We will rely on readings from journals, reports, and parts of books. Materials will be available through the reserve reading system.

Topics:

Week 1

Segment 1: Orientation to the Course (20 minutes)

Segment 2: Background: Current Programs, Costs, & Concerns Related to Care (70 minutes)

- i. Stone, R.I., "Long-Term Care for the Elderly with Disabilities: Current Policy, Emerging Trends, and Implications for the Twenty-First Century," (New York: Milbank Memorial Fund 2000), available at: <http://www.milbank.org/0008stone/index.html>.
- ii. Knickman, James R. "The 2030 Problem: Caring for Aging Baby Boomers." *Health Services Research*, Volume 37 (August, 2002).
- iii. McCall, N. "Long-Term Care: Definition, Demand, Costs, and Financing." Chapter 1 in *Who Will Pay for Long-Term Care: Insights from the Partnership Programs*. N. McCall (ed.). Chicago, IL: *Health Administration Press*, 2001).
- iv. Stone, R.I., "Where Have All the Advocates Gone?" *Generations*. Spring 2004; 28, 1; ProQuest Nursing Journals, pg. 59.

Segment 3: Social Science Perspectives: Economics, Political Science, Sociology, Health Services Research (70 minutes)

Week 2

Segment 1: Discussion Question 1 (20 minutes)

Segment 2: The Role of Medicare & Medicaid (70 minutes)

- i. Health Insurance Association of America. “Long-Term Care Benefits of Government Programs?” Chapter 3 in Long-Term Care: Knowing the Risk, Paying the Price. (Washington, DC: Health Insurance Association of America, 1997).
- ii. Coleman, Barbara. New Directions for State Long-Term Care Systems. (AARP Public Policy Paper) Washington, D.C. Public Policy Institute, AARP, 1998. Available at: http://research.aarp.org/health/9809_stateltc.pdf
- iii. Wiener, Joshua M. “Long-Term Care for the Elderly: Profiles from Thirteen States.” (Urban Institute Paper) Washington, D.C., Urban Institute, 1998. Available at: <http://www.urban.org/UploadedPDF/occa12.pdf>
- iv. “Overview of the Medicare and Medicaid Programs.” 1997. *Health Care Financing Review, Medicare and Medicaid Statistical Supplement*.

Segment 3: Paying for LTC: Insurance & Out-of-Pocket Approaches (70 minutes)

- i. McCall, N., J. Knickman, and E. Bauer. (1991). “Public/Private Partnerships: A New Approach to Long-Term Care.” *Health Affairs* 10(1): 164-176.
- ii. McCall, N., J. Korb. (2001). “What Have We Learned from the Partnership for Long-Term Care.” Chapter 8 in *Who Will Pay for Long-Term Care: Insights from the Partnership Programs*. N, McCall (ed.). Chicago, IL: Health Administration Press: 149-184. <http://www.hhp.umd.edu/AGING/PLTC/chapter8.pdf>

Week 3

Segment 1: Discussion Question (20 minutes)

Segment 2: Introduction of Debate Topic and Approach (20 minutes)

Segment 3: Paying for LTC: Insurance Continued (50 minutes)

Segment 4: International Perspectives: How Other Countries Pay For and Organize Care for Elders (70 minutes)

- i. Wiener, J.M. and A.E. Cuellar, "Public and Private Responsibilities: Home and Community-Based Services in the United Kingdom and Germany," *Journal of Aging and Health*, 11(3): 417-444, 1999.
- ii. Weiner, J.M. "Long-Term Care Reform: An International Perspective," Organization for Economic Co-Operation and Development, Health Care Reform: The Will to Change. (Paris: Organization for Economic Co-Operation and Development, 1996), pages 67-79.
- iii. Filinson, R. "Legislating Community Care: The British Experiences, with U.S. Comparisons." *The Gerontologist*, 37(3): 333-340, 1997.

Week 4

Segment 1: Discussion Question (20 minutes)

Segment 2: Chronic Illness Management (70 minutes)

- i. Rundall, T. G., S.M. Shortell, M.C. Wang, L. Casalino, T. Bodenheimer, R.R. Gillies, J.A. Schmittdiel, N. Oswald, J.C. Robinson. "As Good As It Gets? Chronic Care Management in Nine Leading US Physician Organizations." October 2002 *BMJ*, Volume 325, pages 958-961. bmj.com
- ii. Wagner EH, Glasgow RE, Davis C, Bonomi AE, Provost L, McCulloch D. "Quality Improvement in Chronic Illness Care: A Collaborative Approach." *Jt Comm J Qual Improv*, 2001; 27:63-80.

Segment 3: Integrating Acute & Long-Term Care (70 minutes)

- i. Master, R.J. and C. Eng (2001). "Integrating acute and long-term care for high-cost populations." *Health Affairs* 20(6): 161-172.
- ii. Kane, R.L., A. Weiner, et al. (2001). "The Minnesota Senior Health Options Program: An Early Effort at Integrating Care for the Dually Eligible." *Journal of Gerontology Medical Sciences*, 56(9): M559-66.
- iii. Leutz, W., M. Greenlick, and J. Capitman, "Integrating Acute and Long-Term Care," *Health Affairs*, 13(4): 59-74, 1994.
- iv. J. C. Hansen., "Practical Lessons for Delivering Integrated Services in a Changing Environment: The PACE Model." *Generations*; Summer 1999; 23, 2.

Week 5

Segment 1: The Debate (50 minutes)

Segment 2: Substituting Community Care for Nursing Home Care (50 minutes)

- i. Miller, N.A., S. Ramsland, et al. (2001) "Use of Medicaid 1915© Home and Community-Based Care Waivers to Reconfigure State Long-term Care Systems," *Med Care Res Rev* 58(1); 1009-019.
- ii. Penning, M.J., "Hydra Revisited: Substituting Formal for Self- and Informal In-Home Care Among Older Adults with Disabilities." *Gerontologist*, 42(1):4-16, 2002

Segment 3: Assisted Living & Housing (50 minutes)

- i. Hawes, C., M. Rose, C.D. Phillips, "Executive Summary: A National Study of Assisted Living for the Frail Elderly: Results of a National Survey of Facilities," prepared for the Office of the Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services, 2000. Available at: <http://aspe.hhs.gov/daltcp/reports/facres.htm>.

Segment 4: Discussion Question (10 minutes)

Week 6

Segment 1: Rethinking Nursing Homes (50 minutes)

(Guest: David Colby, Deputy Director of Health Care Group, RWJF)

- i. Spillman, B.C. and J. Lubitz, "New Estimates of Lifetime Nursing Home Use: Have Patterns of Use Changes?" *Medical Care*, 40(10): 965-975, 2002.
- ii. Walshe, K. (2001). "Regulating U.S. Nursing Homes: Are We Learning from Experience?" *Health Affairs*, 20(6), 128-144.

Segment 2: Closing Dinner at Faculty Club

(Guest Speaker: Carol Raphael, Visiting Nurse Service of New York)

- i. Stone, R.I., Reinhard, S.C., Bowers, B., Zimmerman, D., Phillips, C.D., Hawes, C., Fielding, J.A. & Jacobson N. (2002). "Evaluation of the Wellspring Model for Improving Nursing Home Quality." NY: The Commonwealth Fund. Available on www.cmwf.org.
- ii. Castle, N., and V. Mor , (1998). "Physical Restraints in Nursing Homes: A Review of the Literature Since the Nursing Home Reform Act of 1987." *Medical Care Research and Review*, 55(2) 139-170. (ProQuest)
- iii. Video to be distributed.